

Excluding Bank holidays

## Swimming Term Timetable

Monday Large pool	1	NSSC			Leisure Swim 12-1pm	Private Hire 1-3.15pm	Set Up	Swimming Lessons 4-6.30pm			NSSC 7pm-9pm
	2	6.30 -7.30am									
	3										
	4										
	5	Lane swim 6.30am-3.15pm					Set up	Leisure swim 3.30-5.30pm		Lane Swimming 5.45-7pm	Lane Swimming 7.10 – 9pm
	6										
	7										
	8										
Tuesday Large pool	1				Leisure Swim 12-1pm	Private Hire 1-3.15pm	Set Up	Swimming Lessons 4-6.30pm			NSSC 7pm-9pm
	2			Private Hire 9am- 12pm							
	3										
	4										
	5						Set up	Leisure swim 3.30-5.30pm		Lane Swimming 5.45-7pm	Lane Swimming 7.10 – 9pm
	6	Lane swim 6.30am-3.15pm									
	7										
	8										
Wednesday Large pool	1	NSSC		Adult Lesson	Private Hire	Leisure Swim 12-1pm	Set Up	Swimming Lessons 4-6.30pm			NSSC 7-9pm
	2	6.30 -				Private Hire 1-3.15pm					
	3	7.30am		9.30- 10am	10am- 12pm						
	4										
	5						Set up	Leisure swim 3.30-5.30pm		Lane Swimming 5.45-7pm	Lane Swimming 7.10-9pm
	6	Lane swim 6.30-3.15pm									
	7										
	8										
Thursday Large pool	1				Leisure Swim 12-1pm	Private Hire 1-3.15pm	Set Up	Swimming Lessons 4-6.30pm			NSSC 7-9pm
	2			Private Hire 9am- 12pm							
	3										
	4										
	5	Lane swim 6.30-3.15pm					Set up	Leisure swim 3.30-5.30pm	S e t u p	Lane Swimming 5.45-7pm	Lane Swimming 7.10- 9pm
	6										
	7										
	8										

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Friday Large pool	1	NSSC		Private Hire 9am - 12pm	Leisure Swim 12-1pm	Private Hire 1-3.15pm	Set Up	Swimming Lessons 4-6.30pm				NSSC 7pm-9pm	
	2	6.30 -											
	3	7.30am											
	4												
	5							Set up	Leisure swim 3.30-5.30pm	S e t u p	Lane		
	6	Lane swim 6.30am-3.15pm									Swimming 5.45-7pm		Lane Swimming 7.10-9pm
	7												
	8												

Saturday Large pool										
	1	NSSC		Swim lessons 9-12.45pm		Leisure swim 1-3.30pm		Lane swim		Private 6-7pm
	2	6.30-8.30am								
	3									
	4									
	5					4-5.30pm				
	6			Lane swim						
	7			9am-12.30pm						
8										

Sunday Large pool	1	Lane swim	Leisure swim 9.45-11.45am	1	Lane swim	Leisure swim 1.45-3.30pm	NSSC 4-8pm
	2	8am-9.30am		2	12-1.30pm		
	3			3			
	4			4			
	5			5			
	6			6			
	7			7			
	8			8			

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Day																
Monday Teaching pool		Aqua fit 7.45-8.45am (Bookable only)	Good Boost 9-9.45pm (Bookable only)	Adult and Toddler 10-11am (Bookable only)	Good Boost 11.15-12pm (Bookable only)	Bump Boost 12.15-1pm (Bookable only)	Adult and Toddler 1.15-2.15pm (Bookable only)	Adult swim 2.30-3.30pm (Bookable only)	Swimming lessons 4-6.30pm (Bookable only)	Pool Maintenance						
Tuesday Teaching pool	Adult Swim/ Good boost. (Bookable only) 7.30-8.30am		Private 9-12.05pm			Good Boost 12.00-12.45pm (Bookable only)		Private 12.45pm-3pm		Aqua Blast 3-3.45pm (Bookable only)	Swimming lessons 4-6.30pm (Bookable only)	Aqua fit 6.45-7.45pm (Bookable only)				
Wednesday Teaching pool		Good Boost 8-8.45am (Bookable only)	Good boost 9-9.45am (Bookable only)	Private 10am-12.00pm		Good Boost 12.05-12.50pm (Bookable only)		Private 1pm-3pm		Aqua Blast 3-3.45pm (Bookable only)	Swimming lessons 4-6.30pm (Bookable only)	Aqua fit 6.45-7.45pm (Bookable only)				
Thursday Teaching pool	Adult Swim/ Good boost (Bookable only) 7.30-8.30am	Adult lessons 8.30-9.00	Private 9-11.00pm		Good boost 11.00-11.45pm (Bookable only)		Aqua Blast 12-12.45pm (Bookable only)		Private 12.45pm-3pm		Adult Swim 3-3.45pm (Bookable only)	Swimming lessons 4-7.30pm (Including Adult lessons 6.45pm-7.15pm) (Bookable only)				
Friday Teaching pool		Good Boost 8-8.45am (Bookable only)	Good Boost 9-9.45am (Bookable only)	Private Hire 10-11.30			Aqua Fit 11.45-12.45pm (Bookable only)	Private 12.15pm-2pm	Adult Swim 2.15-3pm (Bookable only)		Family swim 4-6.30pm			Adult swim 6.45-7.45pm	Aqua Fit 8pm-9pm (Bookable only)	
Saturday Teaching pool		Swimming lessons 8-1.30pm (Bookable only)				Family swim 1.30-3.30pm					Set up	Party Hire 3.45-4.45pm (Bookable only)				Private
Sunday Teaching pool			Adult and Toddler 9-10am (Bookable only)		Family swim 10.15-3.30pm						Set up	Swimming lessons 4-6.30pm (Bookable only)			Private	