

Excluding Bank holidays

## Temporary Holiday Small Pool Programme During the main pool closure 2025/2026

Day														
Monday	Adult only lane swim 6.30-7.30 (Bookable only)	Aqua fit 7.45-8.45am (Bookable only)		Good Boost 9-9.45pm (Bookable only)	Adult and Toddler 10-11am (Bookable only)	Good Boost 11.15-12pm (Bookable only)	Aqua Blast 12.15-13.00 (Bookable only)	Adult and Toddler 1.15-2.15pm (Bookable only)	Adult wellness social swim 2.30-3.30pm (Bookable only)		Swimming lessons 4-6.30pm (Bookable only) <b>Adult lessons</b> 6.45-7.15pm (bookable only)	Pool Maintenance		
Tuesday	Adult wellness social swim/ Good boost. (Bookable only) 7.30-8.30am			Family swim 9.00am -10.45am		11-12 Staff training	Good Boost 12.00-12.45pm (Bookable only)	Family swim 1.00pm – 2.45pm		Aqua Blast 3-3.45pm (Bookable only)	Swimming lessons 4-6.30pm (Bookable only)	Aqua fit 6.45-7.45pm (Bookable only)	Adult Lane Swim 8-9 (Bookable only)	
Wednesday	Adult only lane swim 6.30-7.30 (Bookable only)	Good Boost 8-8.45am (Bookable only)		Good boost 9-9.45am (Bookable only)	Family swim 10am to 11am	11.-12 Staff training	Good Boost 12.05-12.50pm (Bookable only)	Family swim 1.00pm – 2.45pm		Aqua Blast 3-3.45pm (Bookable only)	Swimming lessons 4-6.30pm (Bookable only)	Aqua fit 6.45-7.45pm (Bookable only)	Staff training 7.45-8.45	
Thursday	Adult wellness Social swim/ Good boost (Bookable only) 7.30-8.30am			Family swim 9am – 9.45am	Adult only lane swim 10-10.45 (Bookable only)	Good boost 11.00-11.45pm (Bookable only)	Adult wellness social swim 12-12.45pm (Bookable only)	Adult SEND Swim 1-1.45 (bookable only)	Family Swim 2pm-2.45pm	Adult wellness social Swim 3.05-3.45pm (Bookable only)	Swimming lessons 4-7-6.30pm <b>Adult lessons</b> 6.45pm-7.15pm (Bookable only)	Adult only Lane Swim 7.30-8.30 (Bookable only)		
Friday	Adult only lane swim 6.30-7.30 (Bookable only)	Good Boost 8-8.45am (Bookable only)		Good Boost 9-9.45am (Bookable only)	Family swim 10am to 11.30am		Aqua Fit 11.45-12.45pm (Bookable only)	Family swim 1pm-2pm	Adult wellness social Swim 2.15-3.30pm (Bookable only)		Family swim 4pm-6.30pm	Adult wellness Social swim 6.45-7.45pm (bookable only)		
Saturday			Swimming lessons 8-1.30pm (Bookable only)					Family swim 1.30-3.30pm			Set up	Adults Only Lane swim 3.45-4.30pm (Bookable only)	Private Hire 5.15-6.15	Private Hire
Sunday		Adult Lane Swim 8-8.45 (Bookable only)		Adult and Toddler 9-10am (Bookable only)		Family swim 10.15-3.30pm					Set up	Swimming lessons 4-6.30pm (Bookable only)		Private

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