

MENTAL HEALTH

Information and Support agencies available

If you wish to make an application for housing please register an application on Homes direct.

The Lyme Trust

The Lyme Trust provides supported accommodation for people living with mental Health problems. They support people with substance misuse and addiction Difficulties alongside any mental health issues.

37 London Road

Newcastle under Lyme

Staffordshire

ST5 1LN

Tel: 01782 634510

Fax: 01782 625677

Email: thelymetrust@tiscali.co.uk

North Staffs Mind

Offers counselling and support, and supported housing, free counselling, anger management befriending and parent support for more information please view their information online.

83 Marsh Street North

Hanley, Stoke-on-Trent

ST1 5HN

Tel: 01782 262100

Mind info line 0300 123 3393 (Mon-Fri, 9-6pm)

Legal Advice Line 0300 466 6463 (Mon-Fri, 9-6pm)

Rethink

Rethink offer a tenancy support service which Includes accommodation and Housing Management support for people affected by mental illness aged 18 years and above, who are at risk of not accessing or sustaining a home because of their mental health, vulnerability and / or a history of housing related problems.

0121 522 7007

Email: info@rethink.org

www.rethink.org

Access team

North Staffordshire Combined Healthcare NHS Trust – Access Team

Provides mental health assessments, crisis support, telephone contact or face to face advice

Harplands Hospital

Hilton Road

Harpfields

Stoke-on-Trent ST4 6RR

Tel: 0300 123 0907 (Access Team, choose option 1)
Web: www.combined.nhs.uk
Open 24/7

Staffordshire Mental Health telephone support

Tel 0808 800 2234
www.brighter-futures.org.uk

Glow

Support for anyone in an abusive relationship
Tel: 0330 0945 559

www.findtheglow.org.uk

Brighter futures

Clubhouse network, safe spaces, support for self-harm
Tel 01782 406000
<https://www.brighter-futures.org.uk/>

Changes

Mutual help groups and support
01782 413101
WWW.CHANGES.ORG.UK

Samaritans

Tel 116123
<https://www.samaritans.org/>

Dove Service

Support for suffering from bereavement, life changing illness and significant loss
Tel 01782 683155
www.thedoveservice.org.uk

One recovery

Drug and Alcohol support service
Tel 01782 662 585

Lifeline

Drug and Alcohol service
Tel 01782 283113 Adults
Tel 01782 818570 / 221090 Young People